

**FOOD**

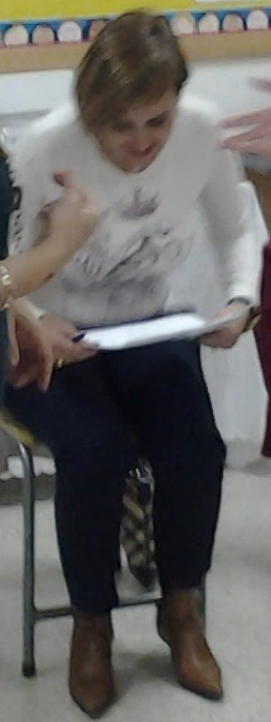
**NO JUNK FOOD**

Foods  
bread, rice, pasta, cereal, fruit, vegetables, meat, fish, eggs, milk, cheese, yogurt, nuts, seeds, oil, sugar, salt, water.

**Food**

**food pyramid**

BRITISH AND AMERICAN ENGLISH





Letter to our future self (each student writes a letter to their self at twenty years from now - expression of feelings, expectations, dreams)

Personality line (the teacher gives the students a list of personality traits - temperament features) and asks them to go and stand on the point of an imaginary line that shows how much each characteristic represents them - there are the two extremes and the middle ground - the students explain and justify their choice with gritty examples)









## ACTIVITIES

in solving with cooperation and mutual help;  
with through supporting each other;  
up as one body and mind!  
(writing in groups)

music  
video  
ice cream  
Berlusconi  
Colosseum  
policeman  
grandma  
sad  
net

